

RiCo Training



CONTACT US

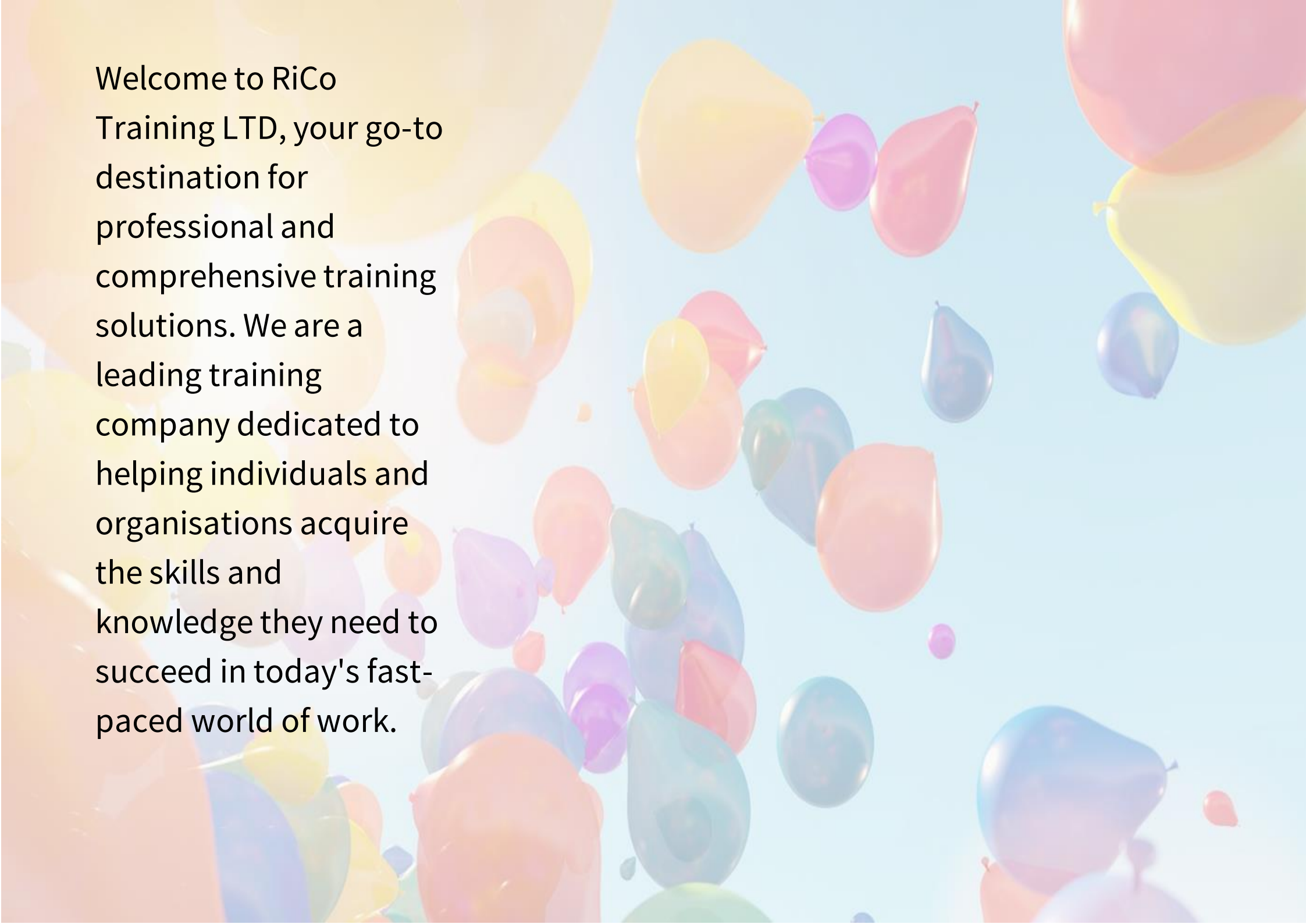
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Welcome to RiCo
Training LTD, your go-to
destination for
professional and
comprehensive training
solutions. We are a
leading training
company dedicated to
helping individuals and
organisations acquire
the skills and
knowledge they need to
succeed in today's fast-
paced world of work.



OUR COURSES

- Emergency first aid at work
- Fire marshal (including the use of firefighting equipment)
- Behaviour support
- Autism understanding
- Child sexual exploitation, Child criminal exploitation and County lines
- Self-harm and ligatures
- Safeguarding (adults)
- Safeguarding (children)
- Risk assessment
- Food hygiene
- Fire safety awareness
- Manual handling training
- Health and safety for employees
- Reporting and recording
- Medication administration
- Mental health awareness
- Learning disability awareness
- Therapeutic parenting and PACE

At RiCo Training LTD, we believe that investing in training and development is key to unlocking an individual's potential and maximising the success of any organisation. With this in mind, we offer a wide range of training programs and services, tailored to meet the unique needs of our clients.

Our team of expert trainers brings a wealth of experience and knowledge to every training session, ensuring that our clients receive the highest quality of instruction and support. Whether you are looking to develop your own personal skills or to provide your team with the tools they need to succeed, we are here to help.

Our Mission:

At RiCo Training LTD, our mission is to foster continuous growth and innovation by providing accessible, relevant, and transformative learning experiences. We strive to equip individuals with the knowledge, skills, and confidence necessary to succeed in their personal and professional lives.

Our Approach:

We believe that education is a lifelong journey, and every step matters. Our approach to learning is rooted in inclusivity, collaboration, and experiential engagement. We design our courses and training programs to be interactive, stimulating, and reflective.

Our team:

Our team of passionate and experienced trainers comprise of subject matter experts, industry professionals, and educators who bring a wealth of practical knowledge to the table. Their dedication and commitment to excellence ensure that our participants receive the highest standard of training.

COURSE OVERVIEW

Emergency first aid at work

The Emergency First Aid at Work course follows the guidelines and recommendations set forth by the Health and Safety Executive (HSE). Participants will receive a certification upon successful completion, valid for the recommended period, usually three years, after which a refresher course is advised. The training will also cover any industry-specific requirements and relevant regulations.



COURSE OVERVIEW

Fire marshal (including the use of firefighting equipment)

The Fire Marshal course is designed to comply with national and local fire safety regulations and guidelines. Participants will gain practical skills and theoretical knowledge to effectively respond to fire incidents and protect lives and property. The course will emphasize the importance of fire prevention, preparedness, and adherence to best practices in fire safety management. Successful completion of the course will empower participants to assume the vital role of a Fire Marshal within their organization.



COURSE OVERVIEW

Behaviour support

The Behaviour Support Training course is designed to equip participants with the knowledge and skills necessary to provide effective support to individuals displaying challenging behaviours. The training emphasizes person-centered approaches, positive behaviour support strategies, and the creation of supportive environments that foster the well-being and development of those in need.



COURSE OVERVIEW

Autism understanding

Our autism awareness course is designed to help staff understand the terms autism and autistic spectrum disorder and how they can support autistic people.



COURSE OVERVIEW

Child sexual exploitation, Child criminal exploitation and County lines

Upon completion of this training on Child Sexual Exploitation, Child Criminal Exploitation, and County Lines, participants will be able to recognize the signs, risks, and vulnerabilities associated with these forms of exploitation. They will gain an understanding of the grooming process, coercion techniques, and the impact on victims and their families. Participants will learn to effectively report concerns, collaborate with relevant agencies, and implement safeguarding measures to protect children and young people from exploitation. By the end of the training, attendees will be equipped with the knowledge and tools to promote prevention, early intervention, and support for victims, thereby contributing to a safer environment for vulnerable children and young people.



COURSE OVERVIEW

Self-harm and ligatures

After completing the Self-Harm and Ligature Awareness course, participants will be able to identify the signs and risk factors associated with self-harming behaviours and ligature incidents. They will gain insights into the underlying psychological and emotional factors that drive self-harm and ligature-related risks. Participants will acquire practical skills to respond promptly and effectively to self-harm incidents, implementing appropriate crisis intervention techniques. Moreover, they will learn how to create a safe environment by identifying and mitigating potential ligature risks. This course equips attendees with the knowledge and tools necessary to offer empathetic and supportive care to individuals at risk, facilitating early intervention and promoting overall well-being.



COURSE OVERVIEW

Safeguarding (adults or children)

Upon completion of the Safeguarding (Children or Adults) course, participants will demonstrate an enhanced understanding of the principles and legislation surrounding safeguarding. They will recognize signs of abuse, neglect, and exploitation, and understand their role in reporting concerns to relevant authorities. Attendees will learn effective communication techniques and be able to collaborate with multi-disciplinary teams to safeguard vulnerable individuals. Participants will gain the confidence to implement safeguarding procedures and respond appropriately to safeguarding incidents. The course aims to equip learners with the knowledge and skills necessary to create safe environments and protect the well-being and dignity of children or adults under their care or within their professional setting.



COURSE OVERVIEW

Risk assessment

Upon completing the Risk Assessment for Care course, participants will be able to conduct comprehensive risk assessments to identify potential hazards and risks within care settings. They will understand the principles of risk management and be equipped to implement appropriate control measures to minimize potential harm to individuals in their care. Participants will gain proficiency in utilizing risk assessment tools, considering the unique needs and vulnerabilities of those they support. By the end of the course, attendees will be adept at regularly reviewing and updating risk assessments to ensure ongoing safety and compliance with relevant regulations. The training aims to empower learners with the skills to create secure and nurturing care environments, promoting the well-being and dignity of those they serve.



COURSE OVERVIEW

Food hygiene

After completing the Food Hygiene for Care course, participants will demonstrate a comprehensive understanding of food safety principles and best practices in care settings. They will be able to apply proper food handling, storage, and preparation techniques to maintain high standards of food hygiene. Participants will recognize potential food safety hazards and know how to implement preventive measures to safeguard the health and well-being of those in their care. The course will equip learners with the knowledge and skills to adhere to relevant food safety regulations and ensure compliance within their care environment. By the end of the training, attendees will be proficient in creating a safe and hygienic food service, promoting the health and satisfaction of the individuals they support.



COURSE OVERVIEW

fire safety awareness

Upon completion of the Fire Safety Awareness for Care course, participants will have a thorough understanding of fire safety regulations and procedures relevant to care settings. They will be able to identify fire hazards and assess potential risks within their care environment. Participants will learn how to effectively respond to fire incidents, including implementing emergency evacuation plans and utilizing firefighting equipment correctly. By the end of the course, attendees will be proficient in fire prevention measures and equipped to create a safe and secure care environment. The training aims to empower learners to confidently handle fire-related emergencies, safeguarding the well-being and lives of the individuals they care for.



COURSE OVERVIEW

Manual handling

After completing the Manual Handling course, participants will have a thorough understanding of proper lifting and handling techniques, risk assessment, and the importance of ergonomics. They will be able to apply safe manual handling practices to reduce the risk of injury and promote workplace safety. The training aims to equip learners with the necessary skills to handle objects and loads safely, ensuring the well-being of both themselves and others in various work settings.



COURSE OVERVIEW

Health and safety for employees

After completing the Health and Safety for Employees course, participants will have a comprehensive understanding of workplace health and safety regulations. They will be able to identify potential hazards, assess risks, and implement preventive measures to ensure a safe working environment. Participants will gain practical knowledge on emergency procedures, accident reporting, and the importance of personal protective equipment (PPE). The training aims to empower employees to actively contribute to a safe workplace, promoting their well-being and that of their colleagues.



COURSE OVERVIEW

Reporting and recording

Upon completion of the Reporting and Recording for Care course, participants will understand the importance of accurate and timely reporting and recording in care settings. They will be able to effectively document incidents, observations, and care interventions, adhering to relevant regulations and organizational protocols. Participants will acquire the skills to maintain confidentiality, complete incident reports, and communicate essential information with multi-disciplinary teams. The course aims to equip learners with the knowledge and tools to create comprehensive and reliable records, facilitating improved communication, continuity of care, and compliance within the care environment.



COURSE OVERVIEW

Medication administration

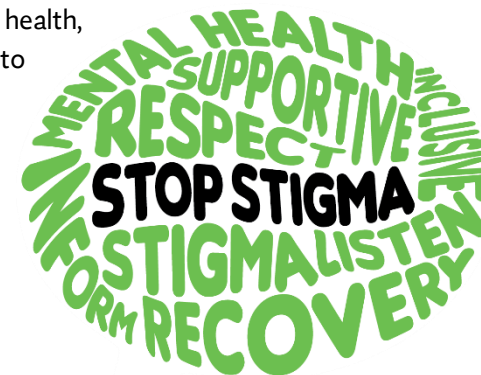
After completing the Medication Administration for Care course, participants will be proficient in administering medications safely and accurately within a care setting. They will understand the importance of following medication protocols, dosage calculations, and documentation procedures. Participants will learn to identify potential medication-related risks and side effects, and how to respond appropriately. The training aims to equip learners with the knowledge and skills necessary to ensure the well-being of individuals in their care through the proper and responsible administration of medications, adhering to relevant regulations and best practices.



COURSE OVERVIEW

Mental health awareness

Upon completion of the Mental Health Awareness course, participants will have a comprehensive understanding of mental health, including common mental health conditions and their impact. They will recognize signs of mental distress and be equipped to provide initial support and signposting to appropriate resources. Participants will gain insights into reducing stigma, promoting mental health awareness, and fostering a supportive environment. The training aims to empower learners to contribute positively to mental health discussions, promoting empathy and understanding, and enabling them to assist those experiencing mental health challenges effectively.



COURSE OVERVIEW

Learning disability awareness

After completing the Learning Disability Awareness course, participants will have a deeper understanding of learning disabilities and their impact on individuals. They will recognize the diverse needs and strengths of people with learning disabilities, promoting inclusivity and person-centered support. Participants will gain insights into effective communication techniques and strategies to foster independence and empowerment. The training aims to equip learners with the knowledge and sensitivity to create a more inclusive and supportive environment, ensuring individuals with learning disabilities receive appropriate care, respect, and opportunities for personal growth.



COURSE OVERVIEW

Therapeutic parenting and PACE

Upon completion of the Therapeutic Parenting and PACE course, participants will be equipped with the knowledge and skills to implement the PACE approach effectively. They will understand the principles of Playfulness, Acceptance, Curiosity, and Empathy, promoting secure attachments and positive relationships with children. Participants will learn therapeutic parenting techniques to respond to challenging behaviors with compassion and sensitivity. The training aims to empower learners to create a nurturing and supportive environment, fostering emotional regulation and resilience in children, and enhancing the overall well-being of both parents and children within the family dynamic.



BESPOKE COURSES

At RiCo Training, we understand the unique challenges and requirements of your service. That's why we are delighted to offer bespoke course delivery tailored precisely to address the specific needs of your organization.

Our team of experienced instructors will work closely with you to design a customized training program that aligns perfectly with your service's goals and objectives.

To discuss your service's unique requirements and to explore how our bespoke course delivery can benefit your organization, please get in touch. We look forward to collaborating with you and delivering training that drives positive outcomes for your service.

Let's embark on this journey of growth and improvement together!